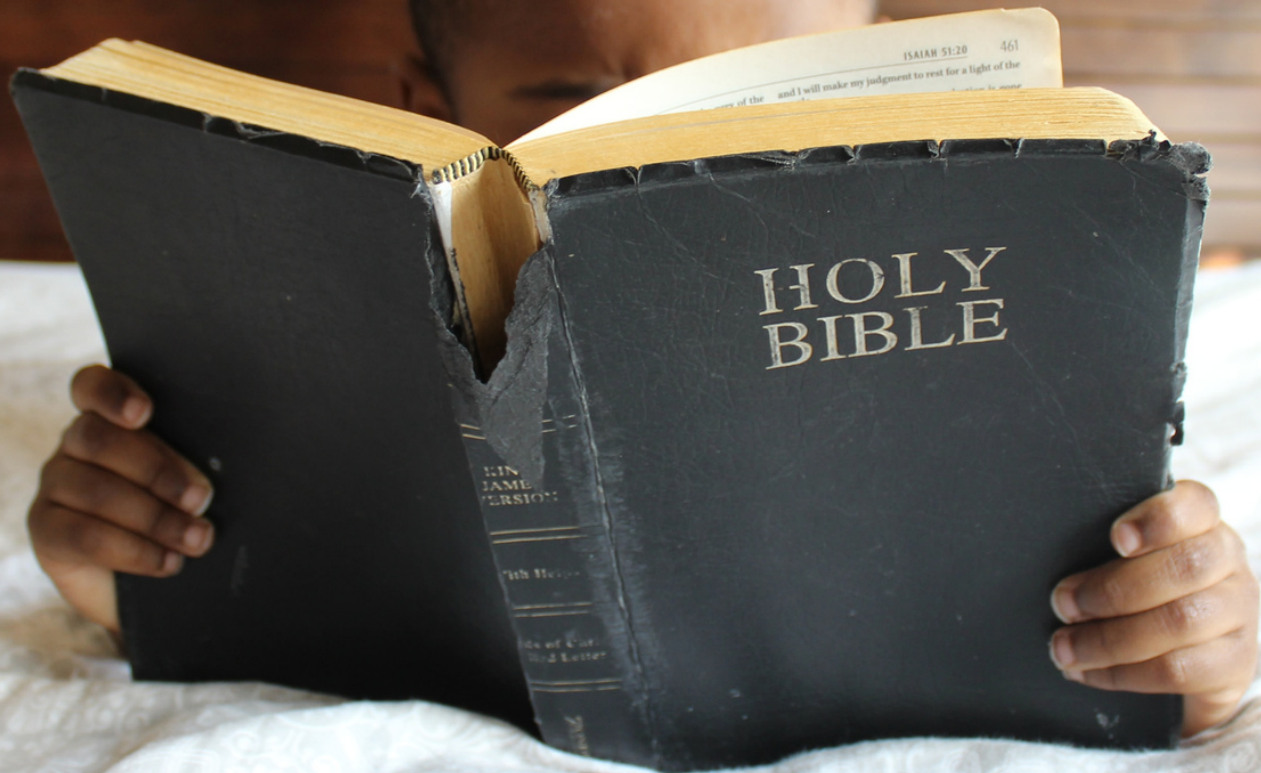
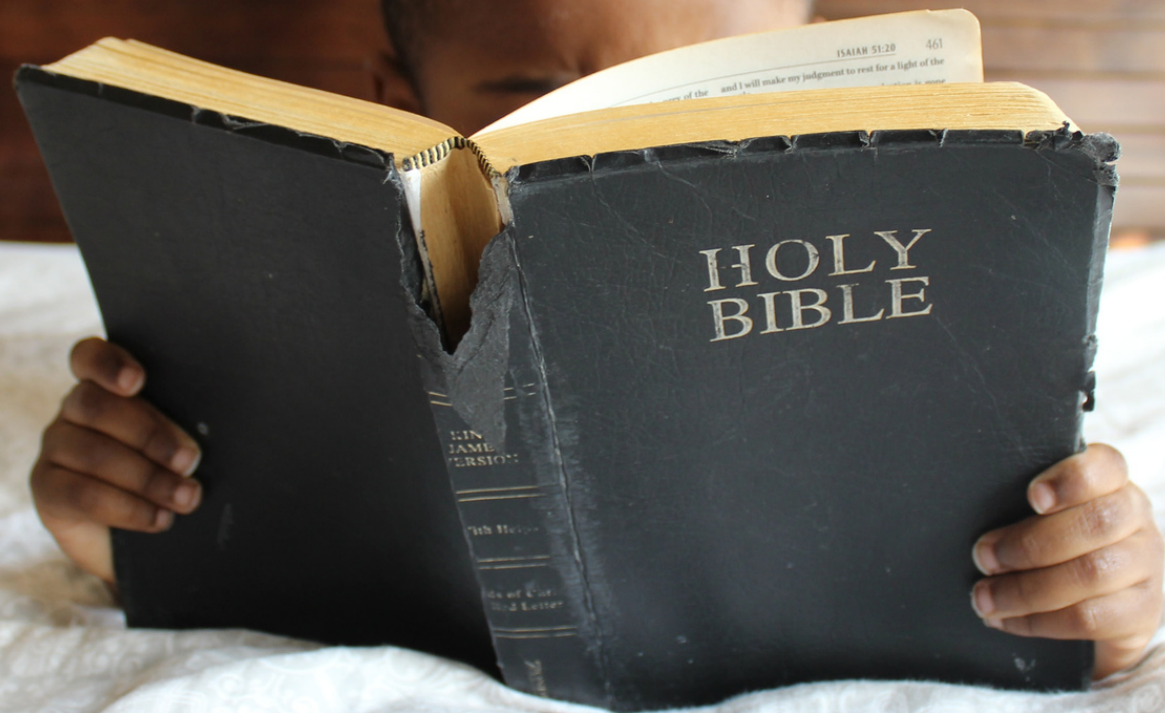


Five Steps to a Great Family Prayer Space

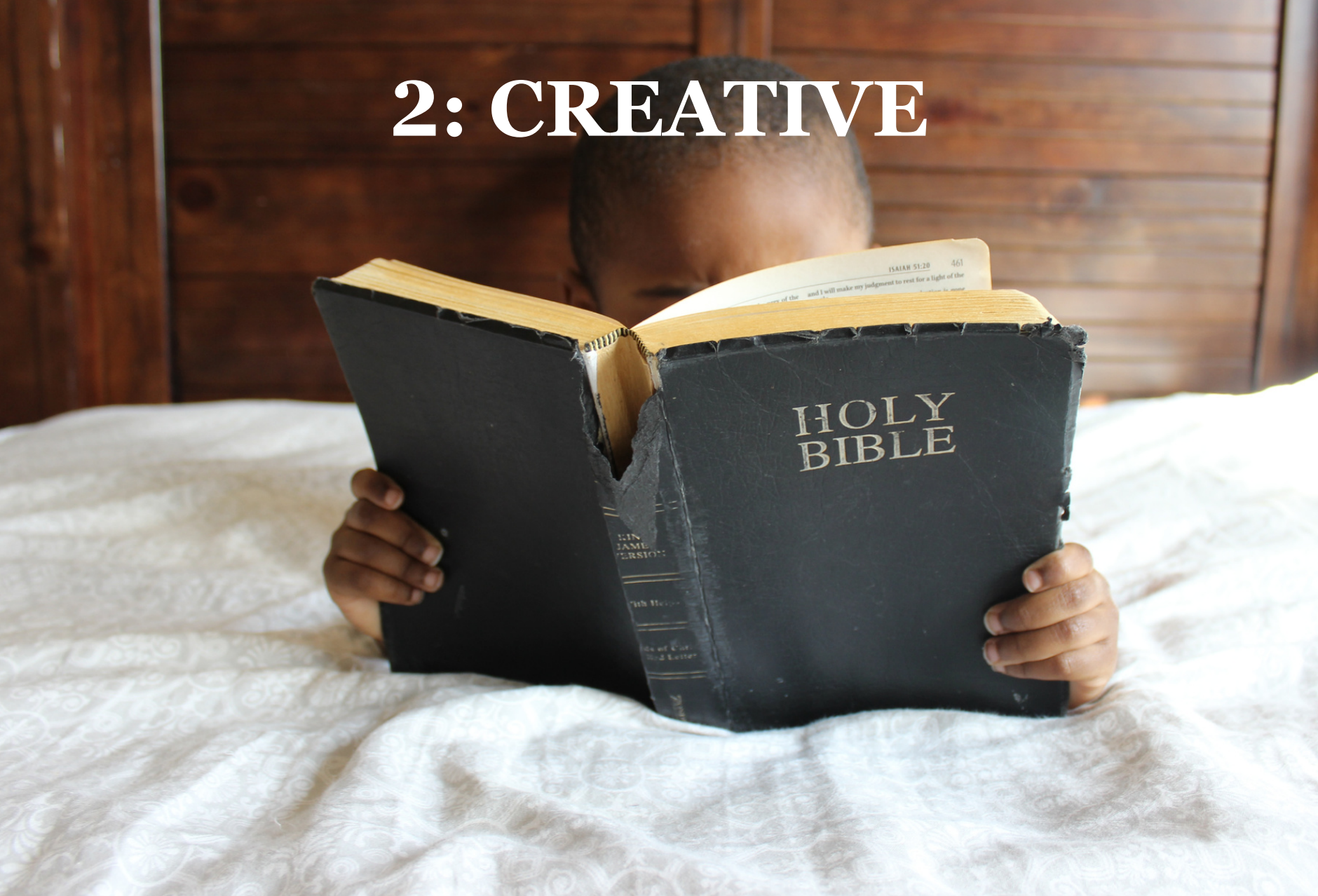


1: SIMPLE



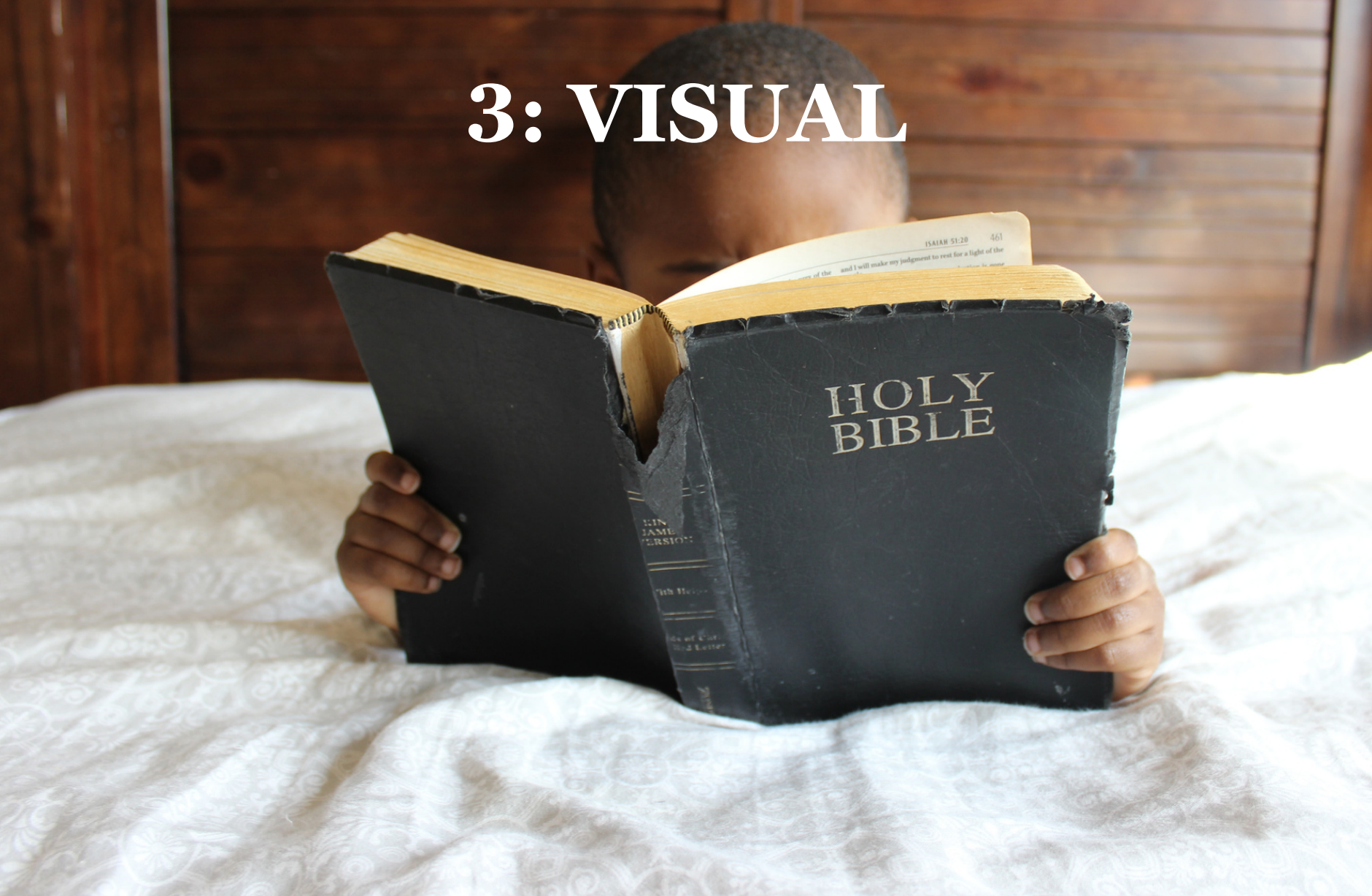
Pick an area (indoor or outdoor) without clutter.
Choose only a few objects, or rotate objects to
represent the liturgical season and colors.

2: CREATIVE



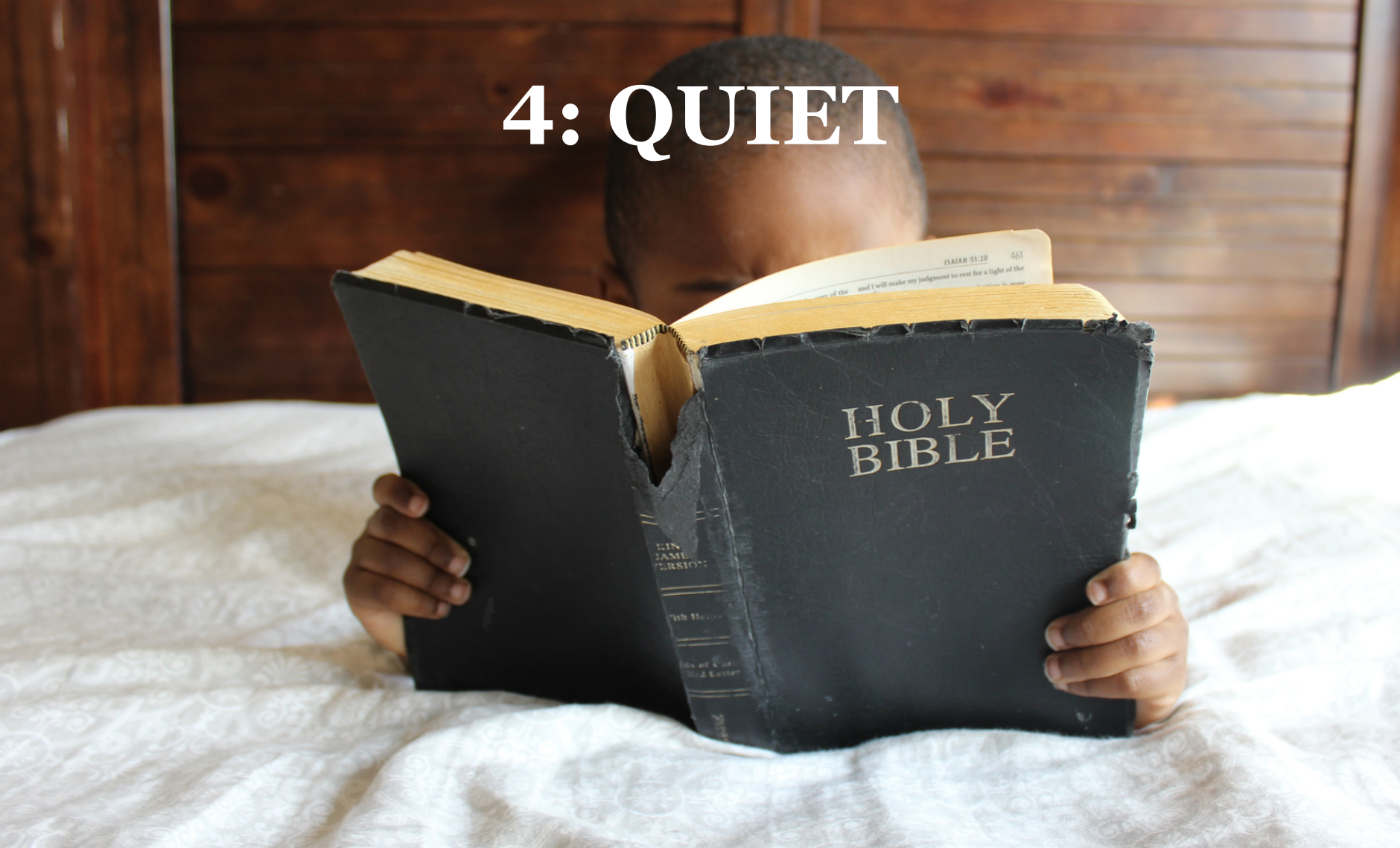
Have paper, journals, markers or stickers available for children to pray through pictures and words

3: VISUAL



Visuals of the faith such as Saint cards, rosaries, a Bible, or a crucifix should be available to gaze upon during your prayer time.

4: QUIET



Find space removed from other noisy areas of the house and detached from technology. Open windows with sounds of nature or even a sound machine can help transform the space.

5: COMFY



Mats on the floor, pillows, blankets, or comfy chairs all help to create an environment of peace and prayer.