# **Summer Family Faith Activities**

Many families continue to remain physically distant from one another due to health concerns, living facilities, and inability to travel. Help your families stay connected to their faith and learn more about one another this summer.

### SHARING THE GIFT OF WISDOM:

One gift of quarantine for families has been the time to pause from the busyness. Family meals and evenings spent together are more common than they were in the days of shuffling off to summer activities and camps. During this time, let's encourage an increase in storytelling, especially of family and community traditions, mentors and leaders. This project helps to do just that:

# https://www.sharingwisdomoftime.com/sharing/?utm\_source=cj&utm\_medium= blog&utm\_campaign=cjdl

Foster conversations between grandparents and children, or even between generations of parishioners at your parish to help keep everyone connected even when they remain apart.

## PARENTING PODCASTS:

Give your parents the gift of some grace and support as they transition from the short-term to long-term realities of how their family life has changed due to COVID-19. You can find a good variety of Catholic parenting podcasts here:

http://www.catholicfamilyfaith.org/partnering-with-parents.html

### FAMILY ACTIVITY IDEAS:

Looking for ways to communicate something tangible to your parents this summer? Here's a printable, doable, 10-item list of Catholic activities developed around the feast days of Saints in July. Give your families the gift of "something different to do!" as they remain at home instead of their planned vacations. https://www.reallifeathome.com/10-july-activities-for-catholic-families-freeprintable/

Sadlier's Summer Fun Pack (already linked on our website) is easy to access, printable, and full of wisdom, lessons, and activities:

https://richmonddiocese.org/wp-content/uploads/2015/10/Sadlier Summer-Faith-Formation.pdf

## STAYING CONNECTED TO WORSHIP:

Many families are choosing to shelter-in-place throughout the summer and refrain from in-person Mass at this time. However, the lure of "Father is on the TV!" has died down, and engaging children in Sunday worship needs a new hook. The Pastoral Center has gifted a free resource, "Worship at Home," to help guide families through a Sunday liturgical practice.

https://pastoral.center/worship-at-home