

“*P* rayer must
accompany us
through every stage
of our actions...”

– **Bishop Knestout**, “From Tragedy to Hope”
Sept. 14, 2018



PRAY THE ROSARY



Diocese of Richmond

A Rosary for Healing and Protection

Together, we can ensure that all are safe from sexual abuse and provide assistance and support to survivors who are on the path to healing.

You can help in these efforts by offering your prayers for healing and protection.

This rosary will help you to lift up their needs in prayer, offering them to God through Mary, who offers her loving protection to all her children.

A Prayer for Healing Victims of Abuse

God of endless love
ever caring, ever strong
always present, always just;
You gave your only Son to save us by his Blood
on the Cross.
Gentle Jesus, shepherd of peace,
join to your own suffering
the pain of all who have been hurt
in body, mind and spirit
by those who betrayed the trust placed in them.
Hear the cries of our brothers and sisters
who have been gravely harmed,
and the cries of those who love them.
Soothe their restless hearts with hope,
steady their shaken spirits with faith.
Grant them justice for their cause,
enlightened by your truth.
Holy Spirit, comforter of hearts,
heal your people's wounds
and transform brokenness into wholeness.
Grant us the courage and wisdom,
humility and grace, to act with justice.
Breathe wisdom into our prayers and labors.
Grant that all harmed by abuse find peace in
justice.
We ask this through Christ, our Lord.

Amen.

Una Oración de Sanación Víctimas de Abuso

Dios del amor infinito,
Siempre presente, siempre justo; Tú nos cuidas y
nos proteges
Y nos diste a tu único Hijo
Para salvarnos con su sangre en la cruz.
Jesús manso, pastor de la paz, Dígnate unir a tu
propio sufrimiento
El dolor de todos los que han sido heridos De cu-
erpo, mente y espíritu
Por parte de aquellos que traicionaron la confianza
puesta en ellos.
Escucha el clamor de nuestros hermanos y her-
manas Que han sido lastimados gravemente,
Así como el clamor de aquellos que los aman.
Dales la esperanza que mitigue el desosiego de sus
corazones.
Dales la fe que calme sus espíritus perturbados.
Concédeles justicia para su causa,
Ilumínelos con tu verdad.
Espíritu Santo, consolador de corazones, Cura las
heridas de tus hijos e hijas
Y devuelve la integridad a lo que ha sido quebran-
tado. Concédenos el valor y la sabiduría,
La humildad y la gracia, para actuar con justicia.
Sopla tu sabiduría en nuestras oraciones y em-
peños.
Que todos los que han sido heridos por el abuso
encuentren paz y justicia.
Te lo pedimos por Cristo, nuestro Señor.

Amén.

Praying the Rosary

Make the sign of the cross. Holding the crucifix, say the Apostles' Creed.

On the first bead, say an Our Father.

Say one Hail Mary on each of the next three beads.

Say the Glory Be.

For each of the five decades, announce the Mystery (perhaps followed by a brief reading from Scripture) then say the Our Father.

Next say ten Hail Marys while meditating on the Mystery. Then say a Glory Be.

(After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: O my Jesus, forgive us our sins, save us from the fires of hell; lead all souls to Heaven, especially those who have most need of your mercy.)

After saying the five decades, say the Hail, Holy Queen, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray: O God, whose Only Begotten Son,
by his life, Death, and Resurrection,
has purchased for us the rewards of eternal life,
grant, we beseech thee,
that while meditating on these mysteries
of the most holy Rosary of the Blessed Virgin Mary,
we may imitate what they contain
and obtain what they promise,
through the same Christ our Lord.
Amen.

(A prayer to St. Joseph may also follow.)

Conclude the Rosary with the Sign of the Cross.



Apostles' Creed

I believe in God the Father Almighty,
Creator of heaven and earth.
And in Jesus Christ, his only Son, our Lord
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried.
He descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and sits at the right hand of God the Father
almighty;
from thence he shall come to judge the living and
the dead.
I believe in the Holy Spirit,
the holy Catholic Church,
the communion of Saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

Our Father

Our Father who art in Heaven,
hallowed be thy name;
thy Kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.



Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Glory Be

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.
Amen.

Hail, Holy Queen

Hail, holy Queen, Mother of mercy:
Hail, our life, our sweetness and our hope.
To you do we cry, poor banished children of Eve.
To you do we send up our sighs,
mourning and weeping in this valley of tears.
Turn then, most gracious advocate,
your eyes of mercy towards us;
and after this our exile,
show unto us the blessed fruit of your womb,
Jesus,
O clement, O loving, O sweet Virgin Mary!
V. Pray for us, O holy Mother of God,
R. That we may be made worthy of the promises
of Christ.
Amen.